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Hydraulic System.

It is the nervous System that particularly distinguishes Man & fitts him for life & action. The Hydraulic is however necessary to his Existence, a most important part therefore, but not so much so as hath been formerly imagined.

This part seems to promise much and to be able to be reduced to some certainty; whether this has been done is to be considered. We shall divide our plan into four parts.

I. Vessels which contain the Blood.

II. Course of these Vessels.

III. Power by which the Blood is moved.

IV. General Laws & affections of the System so far as it is Hydraulic.

I. Vessels that contain the Blood, which are the Heart, Arteries, and Veins. Secretories shall be spoken of in another place.

1. The Heart is a hollow Muscle with two Cavities called Ventricles & two appendages called Auricles; it is attached to the Arteries & Veins, & each Ventricle communicates with an Artery

and

and one Vein only, at whose mouths are Valves which only suffer fluids to pass one way. These Cavities are each surrounded with a fleshy Mass separable into distinct fibres wch lie in very dif=ferent directions. This arrangement has been particularly studied, but as yet without much success. We can plainly see that they are Mus=cular fibres, & in consequence of this these cavi=ties are alternately dilated & contracted, & so far capable of contracting as not to have a drop of fluid in them which is effected from the great inequality of their inner surfaces, hol=lows, & prominencies, otherwise it would have been impossible.

2. Arteries wch are distinguishable enough from the Vein. The two great & principal ones are the Aorta & Pulmonary, all the other are from these. We shall speak,

1. Of their Solid Matter.
2. Their variety in this respect.
3. Their form & figure.
4. Course, Flexures, & Angles.
5. Communications.
6. Various Terminations.

First, of their Solid matter. They are composed

of

of a number of concentric coats. The most internal is of Cellular texture which can hardly be distinguished from the surrounding Cellular texture, but is densest nearest the Artery & so very dense when quite in contact that it hath got the name of a distinct coat that has been called Nervous; this is particular in Brutes, and more in Males than females & this shews that the firmness of the Arteries greatly depends on this Coat. — Next comes what is called the Muscular Coat. — whether it is such is a question. Nicholls and Hunter have declared in the Negative. It is certain that it has an Arrangement, but by it's great density is very different from any other muscular fibre, it is more like a Tendon or Ligament.

To this has been joined that the Arteries shew no Irritability. Haller adopts this — Verheuer declares they do; but of this by & by. Next under this is a layer of Cellular texture — then the internal Coat — such in general is the Solid parts of Arteries.

Second. Variety of the different Vessels with regard to their solid matter. The strength of the Arteries is very considerable both in resisting Dilation & Rupture. The Aorta of a young man

man was broke by 132 ℔ aſpended from it.

By a Set of accurate Eſperts, made by Dr Wintringham jun^{r}, the force or strength of the Arteries aſpeared deficient in different parts; it is greater the further you recede from the Heart; how far this extends is difficult to say. We may however say that the strength increases as we recede from the Heart. At the time the density increases it aſpears that the thickneſs of the Coat is leſs & leſs with respect to the hollow or Cavity. These Eſperts of his are as yet but imperfect.

Third. From Figure & Proportion. A transverse Section wherever cut is circular; this is prov=ed by Dr Pitcairn. Haller hints that this de=monstration proceeds from a supposed general flacibility. We may suppose that neighbouring preſsure may alter this form. It is in every part nearly Cilindrical, some have said that they were also Conical, but this is very doubtful, and I am sure not so much as has been generally imagined, indeed it is denied at present. If you take one Ramification you may call it a Cone whose base is in the Heart; all the branches are however larger than the trunk — thus we have a Cone in a different direction & whose Apex is in the

Heart

Heart, yet there are Examples of Arteries being enlarged between two Ramifications, but this is far from being universal, for in general the branches are generally larger. The proportion that has been assigned is not well founded, & indeed no general & constant proportion obtains — Of this hereafter.

Fourth. Course, Flexures, & Angles. They are generally situated deeper than the Veins very rarely in a strait line especially where they send off Ramifications or where they belong to parts liable to different degrees of Extension. Of the last there is a convincing proof in the Arteries of the Stomach & Uterus & there are every where Ramifications which always produce Flexures.

Upon this subject of Ramification much notice hath been taken of the Angles at which branches go off. It is always almost Acute, never Obtuse that I know. — Haller thinks the most common Angle is one of 45 degrees & that the largest branches pass off at the least Angles. — Physiologists have not properly distinguished between Angles or Ramification and Dewarications; thus when the Aorta divides into the Iliacs I call a Dewarication, where the Emulgent go off there is an Angle.

J. Hunter

Fifth. Communication or Anadomain; this last term is well enough understood. We may remark that they are more frequent as we go from the heart so as at length to form net works as Plexuses. There are however several other varities in the Extremities of Arteries. Some end like the hairs of a Brush, others like the branches of a tree, some like convoluted tubes. With regared to the Anastomoses I shall propose a serious question, whether when Arteries pass over to different sides as in the head, do they inosculate or not? — Erysipelas will sometimes, only occupy one side & the Anatomist can inject on half of the tongue. But yet Inflammation gradually creeps over from one side to the other. Now if we admit of Inosculation we can account for the spreading of Inflammation, if not we must seek for some other.

The Arteries are distributed to every minute part of the body. All inorganic parts are parts composed of Cellular Texture condensed, and have no Arteries, all others have.

Sixth. Various terminations of Arteries. Terminations of Blood arteries are of three kinds.

1. Into Veins which are no more than Arteries reflected

reflected after which there are frequent Anastomoses.

2. Where the Arteries open into cavities, into some of which they pour the blood, which is again taken up by the Absorbent Veins, such are in the Penis Clitoris & Mammæ.

3. Where the extreme Arteries go off in serous or lymphatic arteries. This Arteries terminate in this manner

a. Into serous Veins; these have never been shewn to the Eye sight, but since we can inject the parts which we suppose pass off from these by the veins.

β. Secretories, terminate thus,

aa. In Cavities

ββ. To throw out Excrementitious matter.

γγ. Exhalents. It is a question here whether the fluid comes out here in this state or in vapour, we incline to the last. With regard to this a curious question hath arisen about the numerous subdivision of vessels wch must depend altogether on the subdivision of the blood. But this is denied by Haller, & to whom I must refer you. His Arguments are

1. That we can pass Injections into the Secretories.
2. In various diseases the red globular get into them.
3. Veins. They have this solid substance as well as the Arteries, & are composed of cellular texture & an internal membrane, but they are so thin that it is hard to speak of them with precision. It is doubtful whether they have Muscular fibres, it is plain they have something like them near the heart, & perhaps at a greater distance they only escape our notice. These thinner Coats of the Veins are stronger than their corrispondent Arteries especially in the beginning of life or in Youth, yet this proportional strength varies untill at length it comes over to the side of the Arteries. Upon the whole I should refuse that the Veins have a Muscular Coat thro' the whole System or such a coat as I think we shall demonstrate to the Arteries. The Veins tho' thinner & denser are of a greater force of Cohesion than their corrispondent Arteries. The Veins as we recede from the heart have an increase of thickness

in

in their Coats in proportion to their Cavities. These particular proportions hold absolutely during the whole of Life, but then it differs much proportionably. The Arteries being always exposed to a greater pressure than the Veins must always be gaining upon them in proportion of their density, but since all the Experiments of this kind are few & only made by one person we cannot trust too much to them. But in the Animal Oconomy we must not attend so much continually to the absolute force of Cohesion as to their Flexibility, and we still want Experiments on this head.

In my last year's course I made some Observations on Aneurisms & Varices; this at present I shall omit.

All I said of Circular sections, Trunks, branches &c of Arteries agree with the Veins. The size & number of Veins is greater than that of Arteries, the flexures less, & this Anastomoses more frequent. The Veins have Valves that the Arteries have not; of this by & bye.

As to their Terminations, or more properly, Sources, they are of 3 kinds ——

1.st

1. From red Arteries.
2. From colourless Arteries.
3. From Absorbent vessels, where ever the Arteries pour out red blood. Whether there are any veins that are to be called colourless Absorbents is, doubtful. The Arguments that were formerly thought conclusive on this head are by no means at present thought to be such, besides it is not demonstrated that the Absorbents terminate in valvular Lymphatics, tho' something may be said for the venal absorbents, & it is a point I would not give up tho' I must confess it is, but doubtful. Besides no lymphatics have as yet been found in the Brain tho' there is a quantity of fluids poured out there, and in Ecchymosis we find that the red blood is taken up; indeed here we suppose there to have been a rupture, & even yet it might be said to be taken up by the lymphatics themselves.

I do not think it necessary here to take notice of any particularitys that may occur in different parts of the venal system; as for the valvular Lymphatics themselves I must imagine you are all acquainted with & therefore shall leave them

them, at least for the present.

II. Course that the Blood observes, for this I shall entirely refer you to the Anatomist, as it is a thing I cannot conceive any of you to be defi=cient in.

The proofs were all known & declared by Harvy except the single circumstance of joining veins & Arteries wch is now sufficiently understood & demonstrated.

We know by the alternate rising & subsiding of the Brain that it is occasioned by the dif=ficulty of the passage of the Blood in the end of Expiration; this occasions a kind of Fluctua=tion over the whole System. Besides upon Exa=mining with the Microscope we often see a kind of Retrograde motion which continues in some smale Arteries for a little time, but neither this nor the last are any exceptions to the general rule of Circulation.

I should here observe that the circulation is very different in the fœtus to what I have been relating.

We must consider the Blood in the Heart as al=ternately stagnating and flowing. — The motion

of

of the two Auricles & of the two Ventricles are respectively exactly synchronous; as to the time in which their motions are performed there are various conjectures. The Systole is quicker than the Diastole, but that the former takes no more than one half of the time of the latter is by no means established, neither is it possible to ascertain it.

III. Power by which the Blood is moved.

I. The Heart. This is almost by every body thought to be the principal power applied or employed. It is truely a muscular power, & analagous to that exercise in every part of the System. What is it, that excites this Contraction? It must be either a vis Nervea or a Stimulus applied directly to the Muscle itself.

1st Then with regard to the Stimulus. This must either be distension or Acids, & this last must either be mechanical or chemical. As to the Mechanical no body admits it & as to the Chemical it is by no means demonstrated, & tho' we might suppose Acids yet this constant application would at length render them of none effect. It must therefore be to Distension

or

or the Influx of venous blood that we are to have recourse to, & it alone; Muscles may be acted on by a Vis Nervea, & this is under the power of the Common Energy of the Sensorium. The question is whether in every Contraction a Vis nervea is employed, but independant of the Stimulus the Vis Nervea is concerned. This I take from the effect of the Passions alone, & from this consideration I would call the Heart a voluntary Organ. But whatever be the cause let us now enquire into the force, wch has been frequently attempted by good Mathematicians & Physiologists; but as to the solutions of the former in Physiology where it is so difficult to ascertain the data upon which they proceed that I am inclined to reject them & the calculation drawn from them as uncertain; besides no two of them ever agree, nay so far from this that they differ upon this very principle on which they build. Borelli has far overshot the mark making the force of the Heart 180,000 ℔, & Biel seems much under it.

Dr Hales computed by observing how high the blood would ascend in Glass Tubes & computed that

that the force of the Blood circulating is as 60 8, but I must own I dare not use this, for it may be said that the force is greater as it not only raises the blood in the Tube, but also in every other part of the System; this should make it appear greater. On the other hand since a sense of resistance proves a Stimulus it may be said that in the present case the heart exerts much above it's natural force; besides it's sustaining the column is the effect of a repeated number of Pulsations & not of a single one, hence Sauvages says that instead of six feet it should be perhaps only 16 inches, so much are we wraped up in obscurity & want of foundation.

II. The next question is with what velocity the Blood moves. If we know exactly the quantity thrown out at one Systole & the Area of the first vessel we should be able to clear this up, but as yet a single point is not determined. Hales thinks that the Blood moves 50 feet in a Minute, Sauvages not half so much. We see then that these two famous questions are nearly as far from being determined as they were 100 years ago. — Undoubtedly the Blood moves more

&

more & more slowly the farther it goes. Let us now endeavour to discover the causes of this retar=dation.

1. In an Animal in health the Arterial System is constantly full, consequently in every Systole it should seem that so much of the Heart's force is lost as is required to dilate the Arteries; but then upon contracting the Arteries return upon the blood the full force that was expanded upon them by the Heart. The loss here must be very small; but besides this the Arterial System must lift the whole of the compressing Atmos=phere at every pulsation, but here again the same force is returned as given.

2. The other resistance is that of about 50 lb of blood that is to be moved; this can but with difficulty be applied to any purpose, for it is nearly equally balanced & does not give any general retardation.

It is said that the capacities of the Arteries are constantly encreasing, hence the force of the blood must be continually decreasing, but what is exactly the effect of this is hard to say, tho' I do not suppose the increase to be much &

therefore

therefore the forces lost in the blood from this must be trifling. I do indeed allow that some small enlargements take place but we know nothing in what proportion, and as to any general & exact rule I believe does not happen, & this is also allowed by Senac & Haller. Nay I even think that there is in some places rather a diminution than an Enlargement. Observations shew that the motion of the Blood in the small vessels is greater than it could be on any supposition of this kind

4. Another resistance is from flexures & angles, this is as difficult to be estimated as any of the other. All these flexures are Elastic & therefore must return the force lost upon them, it is their friction alone that is to be regarded here. If any forcing matter makes a flexure it is a real resistance, but even here we can suppose that at sometimes there may be a situation equally favourable for the passage of the blood. At the flexures where the Arteries become veins I suppose there is always a resistance.

5. Another cause is the Angles at which the

blood

blood passes off. This is a very different question & there are disputes about the very principles we are to reason on. This however I think is but inconsiderable, & neither from Injections nor what we find in the human body can we suppose it to have any great effect. I very much doubt whether in any place there is a vessel that goes off at a right angle but always at an acute one. In general these going off of vessels are more properly devarications than Angles. Where Angles become frequent they are almost all of them Ramifications. There then admit of no calculation for all is precarious. I had almost forgot to take notice of that celebrated problem of the alternate Contraction & relaxation of the heart. It is now easy in comparison of what it has been; many solutions of it have been offered but none of them are satisfactory & you yourselves will see that they are without foundation.

It is by considering the Heart as a Muscle that is capable of being stimulated by Distension. The Venous blood is what produces this Distension, but

but besides this the heart is in various instances under the influence of the Vis Nervea; it may seem odd that it is not liable to Spasms, of wch I have heard no instances; it may also seem odd that it's contractions are not more permanent.

There is something in the nature of Muscles wch I attempted to explain before that it inclines it's motion to be alternate, thus if we cut a heart out & stick a Needle into it & still let it remain we shall find that the Actions will be alternate, and even this law of Muscular fibres should be had recourse to in accounting for the alternate contraction of the heart by the Nervous blood.

I now return to the Resistance of the passage of the Arterial blood. I have already spoken of most of them.

6. Anastomoses are another circumstance. This is something but it is difficult to say what & how great it is, & perhaps they are of greater assistance than detriment, at least upon the whole it appears so to me; hence with regard to the force of the heart it would be nearly balanced.

J. Fyfe

7. Friction is the last resistance & this we know takes place in every communication of motion, this I think has been very inaccurately consider=ed. Friction is of two kinds

1. Inequality of surfaces. This is taken off by po=lishing the surfaces or by frictious wheels, but this friction cannot take place between solids & fluids, for a fluid is composed entirely on friction wheels. There is a resistance that arises from adhesion of surfaces which hath been confound=ed with this, and this is increased by that kind of polishing wch destroys the former. This may take place in the Arterial System, but how great it is is not in our power to say. It is different from difference of matter and prevails particu=larly in matter of the same kind. I do not think we have any reason to suppose that on any circumstance there is a repulsion, there may indeed be more or less adhesion, but I know of no instance where there is a repulsion.

Now in the Arterial System it is the applica=tion of a fluid to a wet solid and not to a dry one. There may be some resistance from the

supposed

supposed viscidity of the Animal fluids, but this we apply improperly to the living Animal for the heat keeps it fluid. It is very difficult to say why the red globules of blood have so little cohesion with each other. We supposed the different parts of the blood to be in a diffused state & that it's particles have very little attraction to each other, this & the several powers applied keep it fluid. Now in the great vessels we suppose that all the parts circulate intimately mixed together, and I do not believe that there is any vessel in which the red globules pass off alone or without having some other fluid along with them that is in the blood.

Thus I have endeavoured to lessen the resistance from friction & viscidity but yet I would not pretend to say that they are taken off altogether, all that I say is that it cannot be computed, and little conclusion can be drawn from Dr Hales's Experiments, & still less from Pauwages in the Berlin Memoirs. In Hales's Exper^ts^ the resistance seems chiefly to have arisen from the Constriction of the vessels, especially those that be made by Astringent liquids.

All

All that I have endeavoured to prove is that the resistances have always been computed too high. Most other supposed resistances seem to be of little or no weight, we shall have recourse to the muscular coat of the Arteries to overcome these if we can prove the existence of such a Coat.

There is then no power we can have recourse to but the Action of the Arteries themselves; this then is a point of the greatest importance. The doubts that have arisen proceed from our not being sensible that the Arteries have muscular fibres. The muscular Coat has been doubted by several very great Anatomists from its appearance, by Nicholls, Hunter, &c. and Hales, because they are not irritable as he says, but this is contradicted & found to be Muscular verphour. Dises Inaug:. all the Arteries we can examine have a sort of fibres that seem to be Muscular but different from any others of different parts, are very tender & more like tendons or Ligaments than Fleshy. Something in the Experts of Hales seemed like irritability from chemical Stimuli, but these of no consequence for or against the doctrine or opinion. Hales [redacted] seems

seems to have examined chiefly in dead bodies in a contracted state when it was impossible they could shew any irritability. Besides, the Experiments of Verschuir put this affair beyond a doubt.

From what has been said before, this question of the Muscular fibres of the Arteries may be managed in different ways.

First, we may suppose that the Arteries have muscular fibres tho' in a less degree than in most other parts. This I think cannot be denied if we consider that many Muscular fibres become Tendinous & therefore there may be intermediate degrees of Contraction. As for Dr Haller's Experiments we may say that they were made upon dead Animals consequently in a contracted state; besides those Experiments are remarkably nice. The insufficiency of the heart for the Circulation in all cases & it's absolute incapacity in many prove this, and the diseases of Arteries prove it beyond a doubt. But yet all this proceeds on calculation. I shall read to you the accurate Dr Verschuir who has demonstrated this before the most learned Professors at Ganinge metropolis of Frisia, he yesterday was present at Lecture

which

which prevented one from commenting upon them. There is so great an appearance of candour runs thro' the whole of this Author that I cannot doubt of the justness & veracity of his Experiments. I think we have many confirmations of this doctrine in the morbid phaenomena of the body, as topical Inflammation, Palsy, Gangrene &c which prove that the blood is distributed unequally while the action of the Heart continues the same.

This might be said depends upon unequal resistence, but I think they depend also on the irritability of the Arteries, and after all I conclude that the Arteries are an irritable part of the System tho' perhaps less so than most other muscular fibres, it pretty generally follows the natural stimulus, which may here be the force of the propelling power of the heart, and this commonly makes it correspond with it, but we see it can differ; altho' it generally acts from one stimulus, yet particular stimuli can produce differences in different parts. The motion of the Blood then depends upon the conjoined action of the Heart and Arteries. As to the oscillations of

Dr

Dr Whytt. I neither understand it nor can I apply it. I conceive that the irritability of Arteries may be extended to a great length & so very smal Ar=teries. The action of the heart may only proceed to certain length, after this says Whytt the action of the Arteries alone perform the office entirely of propelling the Blood. He supposed that it is like the peristaltic motion of Alimentary canal & that the contraction of an upper part necessarily excites the next adjoining; thus, take an Artery of an inch long the Contraction first takes place in a tenth of it's length & propells the blood into the next tenth which is now excited to Contraction, & thus on to Extremity, & he imagines that the force of the Heart fills the beginning or first tenth part of this Artery, & now this Artery acts itself; This is his meaning if I understand him right. Thus then Dilatation gradually proceeds & acts as a stimulus, according to Whytt; it may be possible, nay I think such appearances do sometimes take place even in the larger Arteries but not in the man=ner Dr Whytt supposes for Verscheur found that upon stimulating an Artery the Contraction proceeded

for

for a great length even into Branches of the Artery, but in the smaller Vessels it is more doubtfull, be=
=cause the Experiments shew that it does take place, tho' this indeed is but an Argument of very little weight because of the Extreme minuteness of the parts, & Haller's Microscopical Observati=
=ons made on Frogs &c, where he says that extreme Arteries are not dilated by the blood & that they are merely transparent firm canals or tubes but these make equally against simple Elasticity & yet he himself says that these Vessels are fuller & more turgid after feeding.

Dr Whytt has endeavoured to establish this doctrine by Calculations on the force of the heart not being able to push the blood thro' the whole of the Arterial System, but I have before given my reason why these Calculations cannot be just, & I reject the Hypotheses entirely for the Action of the Heart. We know that we can push the Blood thro' the whole of the Arterial System into the Vein, and we find that no more force is required in Injections to push them into the Secretions, and we don't admit numerous Series of decreasing Vessels as some have done.

Several

Several Glands are but little affected by the Motion of the Heart, but on the other hand we find that several of the Secretions are increased by the increased Action of the Heart & Arteries. Perspiration which is one of the finest Secretories is in a good measure dependant upon the action of the heart & Arteries, & Secretions are generally in proportion to the Excretions, hence by Stimulating the Secretory Vessels we promote Secretion, & where this does not take place there may be several causes besides the bare exility of the Vessels.

In Plants there is a motion of fluids in small Canals tho' there is no heart to propel them, now the quantity absorbed is influenced by the quantity exhaled, & something like this may take place in Animals. We see in the Nerves that there is a fluid or liquid which I suppose is continually filtrated thro' them & I imagine that there is a peculiar concretion between this & the other you have heard me speak of so much, and this may act as we know Electricity does in Plants.

As to any supposed Stimuli existing in the blood I entirely reject, because if there was Habit would obliterate or render them of no effect, I

therefore

therefore reject this Oscillatory motion of Dr Whytts as neither necessary nor probable. Having now considered all the Motions or powers that take place in the Arterial System,

Let us next consider what causes the return of the Blood thro' the Veins. This depends upon the same power as that of the former, but then the resistance here is so great that the blood is liable to stagnate in different parts of the System. The very rising of the blood contrary to it's gravity is a very considerable one!

Many hypothases have been started to account for the Motion of the blood, most of which we shall pass over, but Dr Haller is a person of such repute that wherever he is in an error we think ourselves under the necessity of pointing it out. S. 171

Verschuir has spoke fully of this & proved that the Veins are irritable. This is universally allowed in the Sinus venosi, & it is to be found in both the Vena Cava, but as to the Contractibility of the extreme vein's I doubt it much. — We cannot suppose the blood to be more fluid in the Veins than Arteries as Haller does, nay so far from this that I think it is just the contrary except in the Subclavian

where

where the Lymph is poured into the venous Blood in it's rout towards the heart. There may indeed be a considerable absorption by the veins. We believe the red veins to be Absorbents, but then it cannot exceed the Exhalation from the Arteries except where there is an Absorption of humidity from the Atmosphere which may sometimes happen, yet we know that Absorption in general is performed by the Valvular Lymphatics which only communicate with the venous blood in the manner just now mentioned.

The regular return of the venous blood is only carried on regularly under a proper degree of Exercise, a principal power then by which the venous blood is carried onward should seem to be the Action of Muscles. As to Respiration since the neighbouring parts yield so much it can have little effect. The Action of the Muscles since they become less during contraction must both press the adjoining vessels & force this blood forward wch is prevented from flowing back again in the Veins (even tho' there should be a degree of Vacuum found in them) by the valves, & also squeeze the blood out of themselves. It may perhaps be said that this would likewise prevent the Arteries from carrying onward this blood. Indeed it might be the case if

if this Action was long & constant, otherwise not;
and the valves must make the determination of
this blood certainly towards the Heart.

Air is an Elastic Gravitating fluid which always
preserves itself in Equilibrium, but it's particles
repell one another from whence arises it's Elasticity,
but being a gravitating body it will be densest
at the bottom, hence we have a quantity of Air
in a Vessel it will be of the same Density & Elasti-
city as the common Atmosphere which is different
in different degrees of heat – thus it must also be
in the Lungs – Heat rarifies, Cold condenses it.
I must suppose you acquainted with the Anato-
mical Structure of the Lungs. Tho' I speak of the
Lungs as a hollow Viscus yet they are devided
into enumerable Cells wch are all perviable to
the Air, & there is a great deal of Nicety in the
structure of them. They are covered externally with
a proper Membrane besides the Pleura that it is im-
pervious to the Air.

There is only one passage the Trachea or Aspera
Arteria by wch air can pass into the Cells of the Lungs,
but then this is again divided into very minute
branches that open into Cells which communicate
freely with one another.

Upon

Upon these Cells there are spread innumerable blood vessels, called Pulmonary, wch ramify upon them into a prodigious Menuteness; these Vessels & Cells must upon suffer a peculiar compression at some peculiar times or in Expiration — We shall now proceed to Explain

Respiration which is the alternate admission into, and Expulsion of Air from the Lungs, and

1. The power by wch Respiration is performed.
2. The effect it has on the motion of the blood.
3. Why these Motions are alternate
4. The change the Air itself undergoes.

First. Powers of Respiration. We must consider the Lungs as bladders capable of being enlarged or diminished; thus, suppose we have 2 or 3 bladders confined in a large one we know the same effect is produced upon the outer one whether we distend it by blowing Air into it or into the smaller ones contained in it, now we may consider the Thorax as a large bladder & the Cells of the Bronchia as the smaller ones.

The Diaphragm is naturally Convex towards the Cavity of the Thorax from it's attachment to the Mediastinum &c; and if we make a contraction of

the

its fibres it will be more brought into a Plane which enlarges the Vertical Axis of the Thorax wch can also be enlarged in its Horizontal Axis as bounded by the Ribs and Sternum, if these are moved, being fixed behind, they must be pushed forward and outward or the Ribs from having an Angle before they arrived at the Sternum wile be brought nearer together, and thus the capacity of the Thorax is enlarged.

The question of the Action of the Cross fibres or 2 row of intercostal muscles is now well settled among the Anatomists, and it demonstrated that they both assist in the same Office of elevating or drawing the ribs closer together. These Muscles & the Diaphragm are the powers by wch the directions of the Thorax are enlarged. The Diaphragm is the power generally employed, but where it is insufficient the Intercostals are called in, as in Pregnant women & Hydropic people, & even these are assisted by the Muscles that are attached by one extremity to the Thorax, the other to the Shoulder &c &c

The capacity of the Thorax can also be diminished, for as soon as ever the Stimulus stretching the parts

parts above mentioned is taken off the Elastic pow-
er of the Cartilages and Membrane restore them to
their former natural situation, & the ribs, diaphragm
& thorax will be restored to the situation they were
in before Inspiration. The Action of the Abdominal
Muscles, the Sterno & Infra Costales may also assist
in this by drawing the upper ribbs towards
the lower, & in violent excretions the Sacro Lum-
balis, Quadratus, Latissimus Dorsi are frequently
called into action. The Elasticity of the Lungs
themselves, both the cellular part, the branches of
the Trachea, and the covering they receive from
the Pleura makes them disposed to recover their
former collapsed state, especially the Muscular
fibres of the Bronchiæ and this great Elasticity.

This alternate admission & Expulsion of Air or
Inlargement & Contraction of the Lungs & the effect
it has upon the Blood may be easily conceived from
our Simile of Bladders.

There are Experiments to shew that the Respiration
does not always stop nor the Lungs entirely collapse
altho' the Air be admitted to the external surface of
the Lungs by an Aperture into the Thorax; Nay they

were

were even pushed out & distended thro' the whole to a considerable bulk & Mr Bremond found that Respiration did cease for 7 or 8 times after he had raised the Sternum & opened the Thorax. But in these Experiments we are to take notice that the Air wch gets into the Lungs is soon heated above the temperature of the external Air & consequently is rarified & it's Elasticity increased in a similar manner to a bladder not quite full of Air is distended by heating it, & this is sufficient to explain the above Phaenomena. After an Animal has once breathed it's Lungs are never quite freed of Air, but a small quantity is taken in or expelled in each Inspiration or Expiration.

We come now to consider what are the effects of Respiration upon the Blood, suppose the Lungs in a collapsed state. Now if the Air rushes in it dilates & fills the whole Air Vesicle & enlarges the Thorax & Membranes upon wch the blood vessels are spread; this must therefore expede the blood thro' them, but if this state be pushed on & carried further it must compress not only from the Elasticety of the Air increasing but also from more pushing in to restore the Equilebrium wch will prevent the free

Trans

transmission of the Blood and an uneasiness & sense of Anxiety will be produced which prompts us to expell the Air by Expiration.

Inspiration is a strained & violent state brought on by Action of Muscles, & from what we have said of muscular fibres a relaxation must naturally succeed. When the Lungs are got once into a collapsed state the blood cannot move freely thro' them but is stopt in the Sinus Venosus Jugulas & Vena Cava descendens regurgitates in them brings on an anxiety which proves a Stimulus & hence the muscles are again put into a state of Contraction, & thus Inspiration is again produced.

This I think is a simple & easy Solution of the alternate Contraction & Relaxation of the Lungs & Organs of Respiration which depends upon the passage of the Blood being more or less free.

Besides this certain changes happen to the Air. -Air by being long breathed loses it's Elasticity, or if confined in the Lungs too long. But this is so little in one natural Respiration that it cannot be much affected. If the same Air once taken in was constantly to remain it would become unfit for the purposes of Respiration & even Poisonous

to

to Animal life.

By an effect of the Animal Aconomy not yet explained there is constantly arising from the Lungs of Breathing Animals certain vapours wch are destructive to Life, and the effect of Air is to mix with this & carry it out of the body, but if the passage be for someime stopt the air at length becomes as if it were saturated with it and absorbs no more, Whence its deleterious effects upon the System, and this also is the reason why Animals continue to breathe for a short time after the Larynx is stopt. The nature of this we know from similar Air produced in various manner, as if a portion of Air be confined for any time upon the surface of the Earth it becomes of this nature & Poisonous. The same also arising from effervescing & fermenting substances, it is very different from common pure elastic Air but in what is not yet determined; it is called fixed, or more properly Mephitic Air.

This is entirely rendered mild & harmless by being mixed & diffused in the common Atmosphere, but whether this happens from Mixture or merely

diffusion

diffusion is not at present our business to ex-
-plain. In the business of Respiration merely it
is provided to procure a fresh supply of Air.

If Mephitic Air be allowed to remain in the
system it produces Death by destroying the Mo-
-bility of the Nervous Ether. My ingenious Collegue
Dr Black has greatly improved our knowledge
with respect to this substance. This I suppose to
be all necessary for understanding Respiration
& its causes. We might here consider the changes
it induces upon the blood by repeated exposition
to heated & cool air & but this will more proper
-ly come under the head of the Chemical Meal in
the Animal Oconomy. I shall first say some little
on the effect of the Circulation of the blood. 1st If it is
not the cause of the Generation of heat in the body
it at least distributes it to every part.

2d It gives a due degree of Moisture to different
parts of our system.

3d It gives also a Tension to the several solid fibres
of our system & it must stretch constantly & occas-
-ionally every Muscular fibre.

There are likewise other effects, besides these, to
be

be considered. The Blood when circulating in the larger Vessels is an heterogeneous mass, from which various secretions are made by a sort of Colature or straining thro' parts that are fitted to let one part of this Mass pass & not another. This is called Secretion & is one of the chief purposes of the System & to effect which the Vessels must be divided into a series of still smaller & smaller vessels.

We shall find that the preparation & application of Nutriment depends upon the state of Tension- Secretion & Nutrition still remain to be spoken more particularly of.

The Original Stamina are prodigiously small portion of matter in comparison of the whole adult Animal Machine. The effect then of the circulation must be capable of preparing matter fit for producing the Solids which are all made from the fluids. (This depends upon changing one mixt & forming another, but this belongs to the Chemical part of our Practice); to

which we shall now proceed.

Of the Chemical System.

Chemical System

This, like many other parts of our System is still on a very uncertain footing. What can be delivered with accuracy and precision I shall lay before you, & this I shall be able to complete in a small compass.—

In our consideration of the Doctrine of the Animal fluids I shall be guided by Chemical principles, from whence I demonstrate this part of our Institutions the Chemical System. The System has been treated in different ways by Physiologists.— Dr. Haller considers the Fluids as already formed in the System, and afterwards enters on the consideration of the constituent parts and the mode of their production. Boerhaave has followed the contrary plan, and begins with the Constituent parts of our fluids, the matters out of which our fluids are formed & the Animal matter from them, and the progress of the changes produced in their Conversion to the Animal fluids. The advantages of this latter method in clearness & simplicity are sufficient inducements for us to prosecute it.

It has been customary to introduce Morsus, Mandecation, Deglutition and Digestion as preliminary,

but

but this I shall not attempt except some little matter on the action of the Alimentary Canal.

In studying the nature of the Animal fluids I consider them as formed of the Aliment taken in, & we shall endeavour to discover the gradual changes they undergo in their conversion in the Animal fluids.

I set out with a position that our fluids are formed from the Aliment taken in, from whence is derived the gradual accretion of bulk in Animals. Other subtile sources of increased bulk we shall wave the consideration of, as the Air &c, but these hardly deserve our attention, and we shall confine ourselves to Aliment as the matter from which our parts derive their increase.

In order then to consider the manner of nourishment we ought to observe that the body is throwing out very constantly, considerable quantities of matter nearly equal to what is taken in; therefore the whole of it's substance after sometime may be supposed to be formed entirely from the matters taken in. How then is this produced? The Aliment is vastly different from the matter produced. Most Animals feed on Vegetables — You will urge perhaps that there are some that live entirely upon other Animals; but

here

here you should reflect that these Animals wch they devour were originally fed on Vegetables, and thus it is not difficult to trace the whole of Animal matter from a vegetable original; but here however a considerable change is brought about, we must enquire in what manner.)

From the moment it is taken into the mouth we may suppose it as undergoing some change; but the chief part is performed in the Stomach, for the other are only preparatory. The Operation of the Stomach may be reduced to three heads, Solution, Diffusion, & Assimilation.

No change or solution can take place in solid matter, unless it be united with one in a fluid state, hence the necessity of Solution. We see that there are some matters which neither suffer a solution or intimate mixture, here we suppose it only to be divided or blended with the fluids contained in the Stomach; this is Diffusion. There are also changes produced in the nature of the mass, this we name from its ultimate effects, Assimilation.

I. Solution is produced or performed by the same means in the Stomach as by every other Chemical Operation— the solid matter is first divided or

Mastication

Mandducation and then infused in a proper menstruum that is capable of dissolveing it. The whole Mass is likewise kept in constant Agitation & in a suitable degree of heat; these we shall consider seperately.

1st The Menstruum. Many hypotheses have been started on this head, but it is now universally allowed that the chief is the fluids we take in, & this in most cases is pure Elementary water which makes 99 parts of 100 of the drink of the whole Animal creation, & the human species this is the basis of every drink. — Impregnations of water little alter it's solvent power, and we find in numerous instances that Solution can be perfectly performed, hence we conclude that Water and Water alone is the chief Menstruum of our food.

To this we may indeed add the Saliva & gastric liquor which transude from an Infinitude of Arteries that open into the Stomach & Intestines, & which is very considerable as we learn from the Experts of Mr. Senac. There is also a great quantity of Mucus different both in source & quality from the gastric liquor. There are likewise several other Animal liquors occasionally thrown into the stomach that were originally separated in the Intestines, but

upon

upon various occasions regurgitate & get into the stomach. But we have no Chemical Experts that proves that any of these have a peculiar solvent power above water, therefore to supercede any further needless enquiry we shall have recourse to water alone as a menstruum or Solvent, assisted by the other powers of Division, Agitation, and a proper degree of Heat.

2.d In Animals the matter is chiefly broke down by Manducation wch is a pretty intimate division & a sufficient operation preparatory to the Action of the Stomach.

In the Schools of Physic, particularly in those of our own country, it was formerly imagined that the stomach had a power of Trituration. This was taken from the Analogy of Birds in which I believe a process of that nature occurs, for the gizzard is firm & solid in its texture & seems to serve the office of Manducation by another Mechanical power Trituration.

But we have no reason to suppose a similar operation takes place in Man the sides of whose Stomach never come into intimate contact, & is so tender an organ that it could never produce or bear any such

operation

operation. May we find that if any matter of great firmness be swallowed it passes in it's entire state thro' the Intestines.

3.d But the Stomach may constantly agitate the Mass & apply the Solvent to every part of the matter to be dissolved. The effects of this are easily under=stood by every one who knows any thing of Chemis=try, for our food is generally of less specific gravity than water, and hence the necessity of constant agitation to keep it mixed with the Mass.

This Agitation is performed by various powers — 1. The peristaltic motion of the parts. 2. The motion of the Stomach in consequence of it's connection with the Diaphragm, this however is but of little im=portance, & even joined to the pulsation of the Ar=teries is so trifling that I reject it entirely.

4.th Heat. That of the human Stomach seldom ex=ceeds 98 degs of Farenhaet's Thermom.r, and this we find to have very little power in producing solubi=on in watery Menstrua, and this Physiologists have of late discovered, but have endeavoured to mislead us by a number of hard unmeaning terms, and would seem to insinuate that the Stomach

can

can receive additional heat from the surround=
=ing viscera & other parts as if these parts were
not in the same temperature as the whole System,
and upon the whole it is no more than this. If a
substance that is colder than the Stomach be tak=
=en in it must deprive it of a part of it's heat, but
this is soon restored to an Aquilibrium by the cir=
=cumambient parts.

Besides what I have mentioned there is also ano=
=ther considerable mistake, that Stomach is frequently
conceived to be as a closed digester. Haller says,
One clause, which is undoubtedly a great mis=
=take, for it is by no means the case of the Stomach;
from this cause it was supposed that heat generated
in the Stomach was there confined, but this is
absurd; for the natural degree of heat of the body
seems to be the most proper for promoting solution
in the Stomach of Animal or vegetable substances,
for a degree of heat above this, viz, 150, has the
effect of coagulating them and renders them much
more difficult of Dissolution. Hence the natural
heat is the most proper for favouring the Diminution
of the attraction of Cohesion of these matters & resolving
them down.

It is to be doubted whether or not we are to allow Air taken into the Stomach to have any power here; it is taken in in large quantities & being colder than the Stomach it must be expanded & probably agitate the Contents. Hence I must conclude that this affair of Solution is a very simple matter & that there are no saline or other Acrid matters applied, nor have we proof of any Impregnation being more effectual solvents than water alone. Most Physiologists have imagined these powers of Solution sufficient to answer every purpose of Assimilation. It does not indeed break down the fabric of Animal & Vegetable Substance, but this is merely confined to the soft & cellular parts, for the fibrous & firmer ones suffer little or no change here and any alteration in those is made by putrefaction taking place; this however is only to be taken in a gross & limited sense

It affects Animal matters more powerfully than Vegetable — I have known a Man take a pound of Mustard Seed by six drams at a dose which all passed thro' the Intestinal Canal entire & unbruised, and so far from there being a power of Triture in the Stomach

of

of the strongest Quadruped, a grain of oats will pass thro' the whole Alimentary canal without change. In our species the husks of the most tender fruits pass unaltered. The patient that took the Mustard seed retained it in his bowels for some weeks, & I have been lately told by a Physician of eminence in this city of a patient who voided soap pills undissolved. From these facts it is plain that the powers of trituration subsist not in the human stomach, and those even of solution itself in some cases but weak.

Physiologists say that tho' we imitate the human stomach in Menstrua, heat & agitation, yet we can never perform digestion or this kind of solution; this is certain & therefore we must have recourse to some other power. Such a one is fermentation whose power of breaking down Masses is well known, by extracting the fixed Air and making it become Elastic. But by this I do not imagine fixed Air to be the Cement of bodies, as Haller, Hales, & Macbride do — Dr Hales first started this Theory, that the separation was the ultimate resolution of the particles of

bodies

bodies; but this I am far from supporting, on the contrary I esteem the doctrine of Cement to be an absurd one, for Cohesion depends on the mutual affection of all the parts of a body — but fixed air being one of the constituent or component parts the separation of it which is easily effected must produce a resolution, but yet not so complete as the advocates for the doctrine of Cementation imagine. Hence we maintain that the powers before mentioned assisted with Fermentation is all that is necessary for the Solution of our food. Our Aliment consists in a great measure of Water & Oil; both of which are found in greater or less quantities in all Animal & Vegetable Substances; how the last is managed is a more difficult problem — Water alone is not a Solvent for it & in the Stomach it is not so much dissolved or diffused, for it is found unaltered in the chyle and even Milk of Animals therefore this is not effected in the Stomach.

II. Diffusion. In Pharmacy we can mix oils & water by means of Mucilages & a proper degree of Agitation & we may suppose something of the same nature to take place in the Stomach. —

As

As to the Saponaceous quality of our fluids I know nothing of it, besides I maintain a perfect soap does not in the least assist the combination of Oils & Water, neither do I know of any satisfactory Experts that shew any peculiar power above that of Mucilage in our fluids, or even in the bile itself in uniting Oil with water, on the contrary there are some Experts of Dr Ramsay in others that make much against this opinion.

III. Assimilation or the entire change of vegetable Matters into an Animal matter, or those of one Animal into that of another — this change is not completed in the Stomach, but the first step is brought about here, & indeed in some measure nearly takes place, but it is difficult to determine as to the thorough completion of this process, whether further changes towards a more perfect Assimilation takes place in the Lacteals or not seems as yet beyond our Investigation.

We observe that a Fermentation does take place — The Chemists who possessed the first rank in Physiology introduced fermentation & their other processes into every part of nature, but with very little success

due

did they apply them to the Animal body. Upon this account the Mechanical Philosophers who succeeded them rejected these notions entirely, and said no fermentation happened unless in a desicated state. However in the Stomach I think there is evidently a ferment, because all our vegetable food is of a fermentable or saccharine nature which is the basis of fermentation, consequently it must happen in our Stomach. Besides we discharge considerable quantities of Mephitic Air which is evidently the product of fermentation; this upon separation is rarefied & increased in bulk, hence perhaps some may say it is only common Air, but we are convinced of it's having the properties of Mephitic or fixed Air.)

Boerhaave seems to have been inclined to adopt this opinion, but on recollection that there were some things according to his notion absolutely incompatible with fermentation he was upon the whole very strenuous in rejecting it. He asserts that the heat is too great, but this objection by no means excludes the possibility of it under particular circumstances. It is not indeed the proper degree

of